

• A Free Project Sheet •
• NOT FOR RESALE •

Coffee Break

Table Set



Featuring fabrics from the **Coffee Break** collection by **Alexa Kate Design** for **STUDIO·e·fabrics**

Runner Fabric Requirements

(A) 4444-11	¼ yard
(B) 4446-33	¼ yard
(C) 4442-11	¼ yard
(D) 4441-44	¼ yard
(E) 4443-44	¼ yard
(F) 4442-44	⅓ yard
(G) 4446-55	¼ yard
(H) 1351-Brown**..	¼ yard
(I) 4447-44	1 ½ yards
(J) 4441-77	⅔ yard*
Backing	
4444-44	1 ⅝ yards

Place Mat Fabric Requirements (makes 6)

(A) 4440-44	⅔ yard
(B) 4442-11	¾ yard*
(C) 4445-44	¼ yard
(D) 4442-44	¼ yard
(E) 4446-33	¼ yard
(F) 4446-55	¾ yard
(G) 4441-44	¼ yard
Backing	
4444-44	1 ½ yards

* Includes Binding

** Just Color! Collection

Additional Supplies Needed

Batting (1) 54" x 30", (6) 19" x 16"
(Recommended:
Air Lite® Colour Me 100% Cotton)
Piecing and sewing thread
Quilting and sewing supplies

Quilt designed by Heidi Pridemore
Finished Runner Size 46" x 22"
Finished Place Mat Size 15" x 12"
Skill Level: Advanced Beginner

Fabrics in the Collection



Block Print - Multi
4440-44



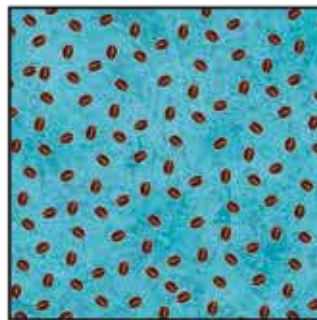
Swirl Texture - Gold
4441-44



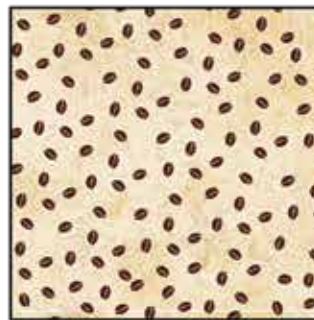
Swirl Texture - Blue
4441-77



Swirl Texture - Red
4441-88



Coffee Beans - Blue
4442-11



Coffee Beans - Beige
4442-44



Floral Texture - Beige
4443-44



Coffee Cups - Blue
4444-11



Coffee Cups - Beige
4444-44



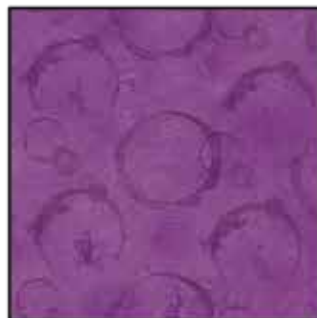
Coffee Words - Brown
4445-33



Coffee Words - Beige
4445-44



Coffee Rings - Brown
4446-33



Coffee Rings - Purple
4446-55



Novelty Stripe - Multi
4447-44



Brown
1351-Brown

Select Fabric from
Just Color!

Runner Cutting

Runner Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

WOF= Width of Fabric • LOF = Length of Fabric

Fabric A (4444-11 Coffee Cups – Blue), cut:

- (1) 6 ½" x WOF strip, sub-cut (3) 6 ½" squares.

Fabric B (4446-33 Coffee Rings – Brown), cut:

- (1) 3 ½" x WOF strip, sub-cut (12) 3 ½" squares.
- (1) 3" x WOF strip, sub-cut (6) 3" squares.

Fabric C (4442-11 Coffee Beans – Blue), cut:

- (1) 4 ¼" x WOF strip, sub-cut (6) 4 ¼" squares. Cut each square across both diagonals to make (24) triangles.

Fabric D (4441-44 Swirl Texture – Gold), cut:

- (1) 4 ¼" x WOF strip, sub-cut (6) 4 ¼" squares. Cut each square across both diagonals to make (24) triangles.

Fabric E (4443-44 Floral Texture – Beige), cut:

- (1) 3" x WOF strip, sub-cut (6) 3" squares.

Fabric F (4442-44 Coffee Beans – Beige), cut:

- (1) 4 ¼" x WOF strip, sub-cut (6) 4 ¼" squares. Cut each square across both diagonals to make (24) triangles.
- (1) 3 ½" x WOF strip, sub-cut (12) 3 ½" squares.

Fabric G (4446-55 Coffee Rings – Purple), cut:

- (2) 2" x WOF strips, sub-cut (24) 2" squares.

Fabric H (1351-Brown Just Color! – Brown), cut:

- (2) 1 ½" x 38 ½" WOF strips.
- (1) 1 ½" x WOF strip, sub-cut (2) 1 ½" x 12 ½" strips.

Fabric I (4447-44 Novelty Stripe – Multi), cut:

- (2) 4 ½" x 50" LOF strips.
- (2) 4 ½" x 26" LOF strips.

Fabric J (4441-77 Swirl Texture – Blue), cut:

- (4) 2 ½" x WOF strips for the binding.

Backing (4444-44 Coffee Cups – Beige), cut:

- (1) 54" x 30" strip to make the back.

Runner Sewing

Sew using a $\frac{1}{4}$ " seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

Runner Block Assembly

1. Place (1) $3\frac{1}{2}$ " Fabric B square on the top left corner of (1) $6\frac{1}{2}$ " Fabric A square, right sides together (Fig. 1). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 1). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle $\frac{1}{4}$ " away from the sewn seam (Fig. 2).

2. Follow Figure 3 for the seam direction to add a $3\frac{1}{2}$ " Fabric B square to each of the remaining corners of the $6\frac{1}{2}$ " Fabric A square to make (1) Unit 1 square (Fig. 4). Repeat to make (3) Unit 1 squares total.

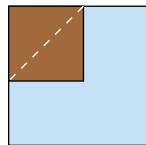


Fig. 1

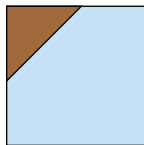


Fig. 2

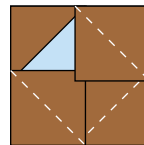


Fig. 3

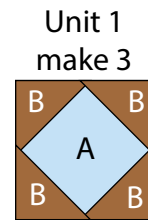


Fig. 4

3. Place (1) 2" Fabric G square on the top left corner of (1) $3\frac{1}{2}$ " Fabric F square, right sides together. Sew across the diagonal of the smaller square from the upper right corner to the lower left corner. Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle $\frac{1}{4}$ " away from the sewn seam. Add (1) 2" Fabric G square to the bottom right corner of the Fabric F square, right sides together. Sew across the diagonal of the smaller square from the upper right corner to the lower left corner. Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle $\frac{1}{4}$ " away from the sewn seam to make (1) Unit 2 square (Fig. 5). Repeat to make (12) Unit 2 squares total.

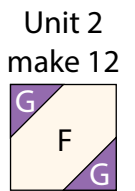


Fig. 5

4. Place (1) 3" Fabric E square on top of (1) 3" Fabric B square, right side together. Draw a line across the diagonal of the top square (Fig. 6). Sew $\frac{1}{4}$ " away from each side of the drawn diagonal line (Fig. 6). Cut the two squares apart on the drawn diagonal line (Fig. 7) to make two half-square triangles (Fig. 8). Trim blocks to measure $2\frac{5}{8}$ " to make (2) Unit 3 squares. Repeat to make (12) Unit 3 squares total.



Fig. 6



Fig. 7

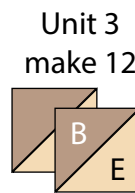


Fig. 8

5. Sew (1) Fabric C triangle to the bottom of (1) Unit 3 square, paying attention to the unit orientation. Sew (1) Fabric F triangle to the top of the Unit 3 square. Sew (1) Fabric D triangle to (1) Fabric F triangle, paying attention to the triangle orientation to make (1) DF triangle. Sew the DF triangle to the left side of the Unit 3 square. Sew (1) Fabric D triangle to (1) Fabric C triangle, paying attention to the triangle orientation to make (1) DC triangle. Sew the DC triangle to the right side of the Unit 3 square to make (1) Unit 4 strip (Fig. 9). Repeat to make (12) Unit 4 strips total.

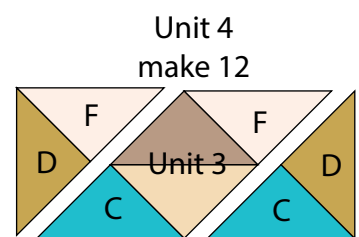


Fig. 9

6. Sew (1) Unit 4 strip to each side of (1) Unit 1 square, paying attention to the unit orientations. Sew (1) Unit 2 square to each end of (1) Unit 4 strip, paying attention to the unit orientations, to make (1) unit strip. Repeat to make a second unit strip. Sew (1) unit strip to the top and to the bottom of the Unit 1 square to make (1) Block One square (Fig. 10). Repeat to make (3) Block One squares total.

Runner Top Assembly

(Follow Figure 12 while assembling the runner top.)

7. Sew (3) Block One squares together to make the Center Block.

8. Sew (1) $1\frac{1}{2}$ " x $12\frac{1}{2}$ " Fabric H strip to each side of the Center Block. Sew (1) $1\frac{1}{2}$ " x $38\frac{1}{2}$ " Fabric H strip to the top and to the bottom of the Center Block.

9. Center (1) $4\frac{1}{2}$ " x 26" Fabric I strip on one side of the Center Block. Start sewing the strip a $\frac{1}{4}$ " from the top edge of the runner top and stop a $\frac{1}{4}$ " from the bottom edge. **DO NOT TRIM THE EXCESS.** Repeat with the opposite side.

10. Repeat Step 9 to sew (1) $4\frac{1}{2}$ " x 50" Fabric I strip to the top and (1) $4\frac{1}{2}$ " x 50" Fabric I strip to the bottom of the Center Block, making sure to stop and start $\frac{1}{4}$ " away from each end of the runner top.

11. To miter each corner, fold the runner top on a diagonal wrong side together. This should line up the strips from adjacent sides (Fig. 11).

12. Starting at the sewn seam (represented by the arrow in Figure 11) draw a 45-degree line out to the edge of the fabric. Sew on the drawn line. Trim the excess fabric leaving a $\frac{1}{4}$ " seam. Repeat this step with the remaining corners to make the runner top.

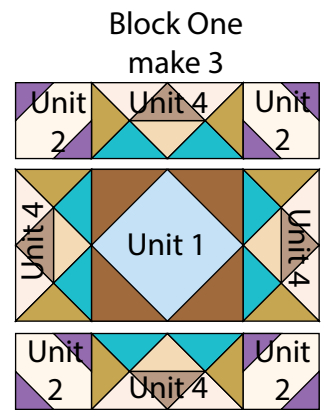


Fig. 10

Runner Layering, Quilting and Finishing

13. Press the runner top and 54 " x 30 " backing well. Layer backing (wrong side up), batting, pressed runner top (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

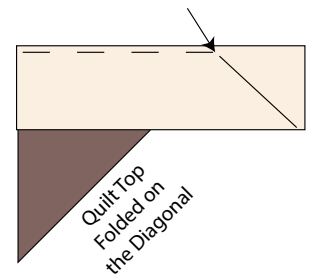


Fig. 11

Runner Binding

14. Cut the ends of the (4) Fabric J binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together.

15. Sew the binding to the front of the runner, raw edges together. Turn the folded edge to the back, and hand stitch in place.

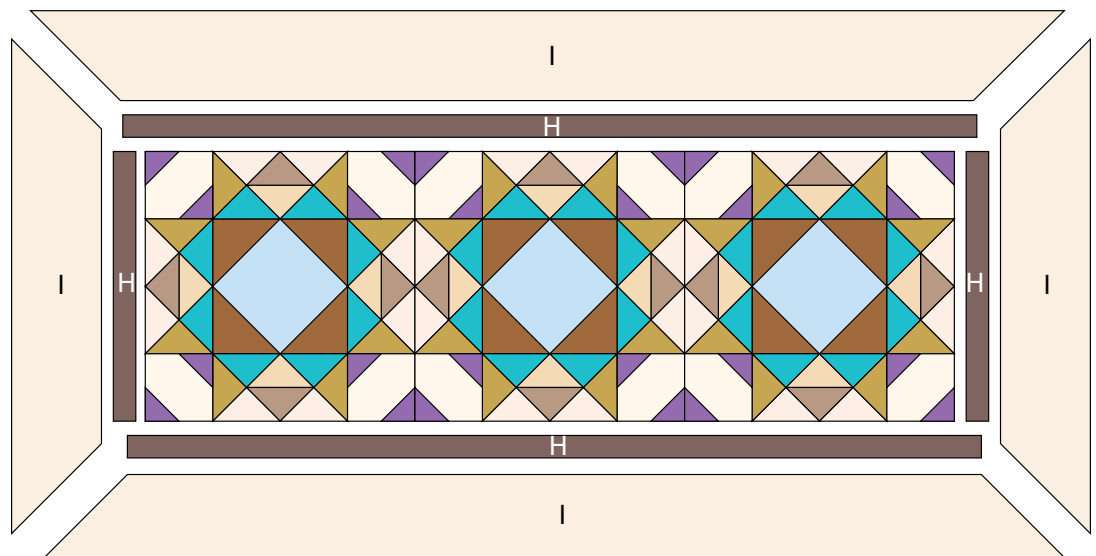


Fig. 12

Place Mat Cutting

Place Mat Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

WOF= Width of Fabric • LOF = Length of Fabric

Fabric A (4440-44 Block Print – Multi):

- Fussy cut (6) 11" squares each centered on a block.

Fabric B (4442-11 Coffee Beans – Blue), cut:

- (2) 2" x WOF strips, sub-cut (6) 2" x 11" strips.
- (2) 2" x WOF strips, sub-cut (6) 2" x 14" strips.
- (5) 2 ½" x WOF strips for the Place Mat #1 binding.

Fabric C (4445-44 Coffee Words – Beige), cut:

- (1) 3 ½" x WOF strip, sub-cut (12) 3 ½" squares.

Fabric D (4442-44 Coffee Beans – Beige), cut:

- (1) 3 ½" x WOF strip, sub-cut (12) 3 ½" squares.

Fabric E (4446-33 Coffee Rings – Brown), cut:

- (2) 2" x WOF strips, sub-cut (24) 2" squares.

Fabric F (4446-55 Coffee Rings – Purple), cut:

- (2) 2" x WOF strips, sub-cut (6) 2" x 11" strips.
- (2) 2" x WOF strips, sub-cut (6) 2" x 14" strips.
- (5) 2 ½" x WOF strips for the Place Mat #2 binding.

Fabric G (4441-44 Swirl Texture – Gold), cut:

- (2) 2" x WOF strips, sub-cut (24) 2" squares.

Backing (4444-44 Coffee Cups – Beige), cut:

- (6) 19" x 16" strips for the backs.

Place Mat Sewing

Sew using a ¼" seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

Place Mat Block Assembly

16. Sew (1) 2" x 11" Fabric B strip to each side of (1) 11" Fabric A square. Sew (1) 2" x 14" Fabric B strip to the top and to the bottom of the Fabric A square. Trim the block to measure 12 ½" x 12 ½" square to make (1) Block Two square (Fig. 13). Repeat to make (3) Block Two squares total.

17. Sew (1) 2" x 11" Fabric F strip to each side of (1) 11" Fabric A square. Sew (1) 2" x 14" Fabric F strip to the top and to the bottom of the Fabric A square. Trim the block to measure 12 ½" x 12 ½" square to make (1) Block Three square (Fig. 14). Repeat to make (3) Block Three squares total.

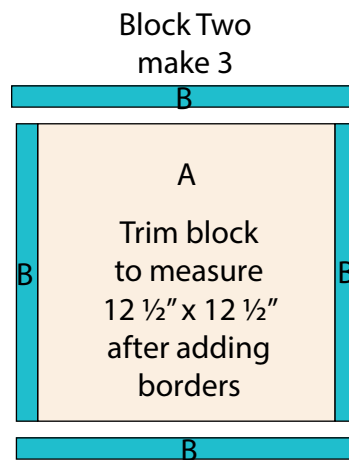


Fig. 13

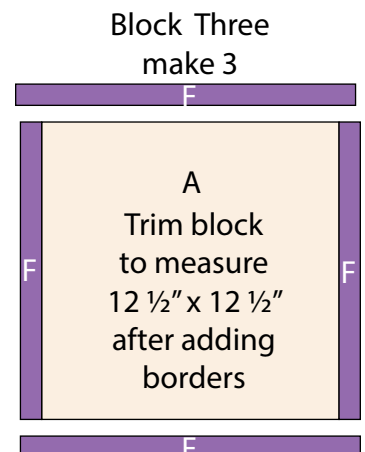


Fig. 14

18. Place (1) 2" Fabric E square on the top right corner of (1) 3 ½" Fabric C square, right sides together (Fig. 15). Sew across the diagonal of the smaller square from the upper left corner to the lower right corner (Fig. 15). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle ¼" away from the sewn seam (Fig. 16).

19. Follow Figure 17 for the seam direction to add (1) 2" Fabric E square to the lower left corner of the 3 ½" Fabric C square to make (1) Unit 5 square (Fig. 18).



Fig. 15



Fig. 16



Fig. 17

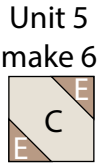


Fig. 18

20. Repeat Steps 18-19 to make (6) Unit 5 squares total.

21. Repeat Steps 18-19 and refer to Figures 19-21 for fabric identification, locations and seam directions to make (6) Unit 6 squares, (6) Unit 7 squares and (6) Unit 8 squares.



Fig. 19

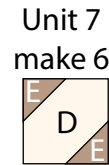


Fig. 20

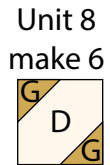


Fig. 21

Place Mat Top Assembly

(Follow Figures 22 & 23 while assembling the place mat tops.)

22. Sew together (2) Unit 5 squares and (2) Unit 7 squares, alternating them, to make (1) side border. Pay attention to the unit orientations. Sew the side border to the left side of (1) Block Two square to make (1) Place Mat #1. Repeat to make (3) Place Mat #1's total.

23. Sew together (2) Unit 6 squares and (2) Unit 8 squares, alternating them, to make (1) side border. Pay attention to the unit orientations. Sew the side border to the left side of (1) Block Three square to make (1) Place Mat #2. Repeat to make (3) Place Mat #2's total.

Place Mat Layering, Quilting and Finishing

24. Press the place mat tops and 19" x 16" backings well. Layer backings (wrong side up), batting, pressed place mat tops (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

Place Mat Binding

25. Cut the ends of the (5) Fabric B binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together. Divide the long strip into (3) equal lengths.

26. Sew the bindings to the front of the Place Mat #1's, raw edges together. Turn the folded edge to the back, and hand stitch in place.

27. Repeat Steps 25-26 using the (3) Place Mat #2's and Fabric F binding strips.

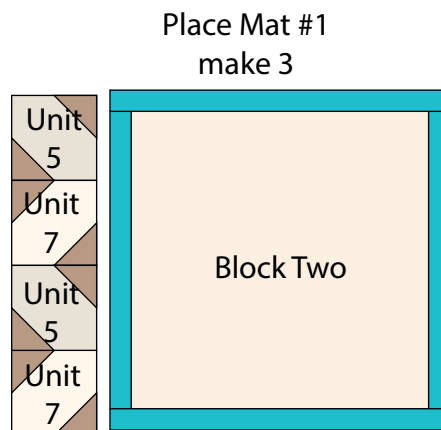


Fig. 22

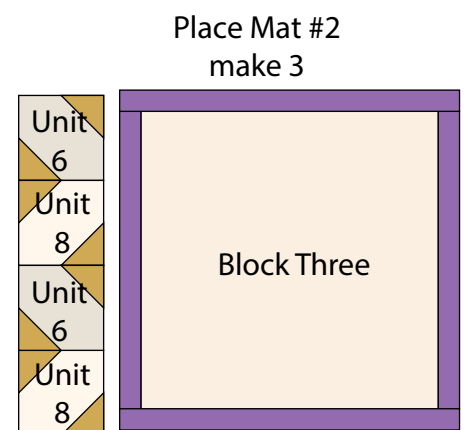


Fig. 23

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